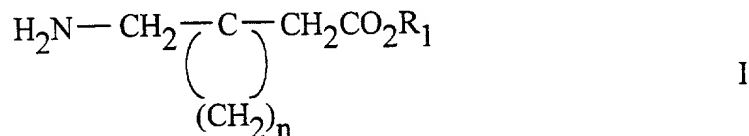


What is claimed is:

1. A method for treating a mammal suffering from insomnia comprising administering to said mammal a pharmaceutical composition comprising an effective amount of a GABA analog.

5 2. The method according to claim 1, wherein the GABA analog is the compound according to Formula I:



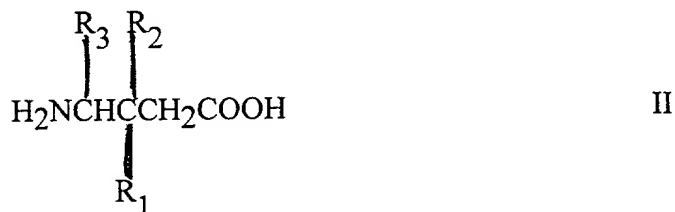
wherein R₁ is hydrogen or lower alkyl and n is an integer of from 4 to 6, and the pharmaceutically acceptable salts thereof.

10 3. The method according to claim 2, wherein Formula I comprises gabapentin.

4. The method according to claim 2, comprising from about 10 mg to about 400 mg of Formula I.

15 5. The method according to claim 3, comprising from about 10 mg to about 400 mg of gabapentin.

6. The method according to claim 1, wherein the GABA analog is a compound according to Formula II:



or a pharmaceutically acceptable salt thereof wherein

R₁ is a straight or branched alkyl of from 1 to 6 carbon atoms, phenyl, or

R₃ is hydrogen, methyl, or carboxyl;

7. The method according to claim 11, wherein Formula II comprises
5 pregabalin.
8. The method according to claim 11, comprising from about .15 mg
to about 65 mg of Formula II.
9. The method according to claim 12, comprising from about .15 mg
to about 65 mg of pregabalin.